

LANGLEY EVENTS CENTRE - 7888 200 Street, Langley, BC V2Y 3J4

FRI FEB 8	5:00	10:00 PM	REGISTRATION CONCOURSE		
FRI FEB 8	6:10 PM	7:00 PM	The Mechanics of Hitting	Reggie Smith	GYM
FRI FEB 8	7:05 PM	7:55 PM	Baseball Strategies & Tactics On Offense and Defence	Pete Wilkinson	GYM
FRI FEB 8	8:00 PM	8:50 PM	How to Create Transfer With Training	Dave Turgeon	GYM
FRI FEB 8	8:55 PM	9:30 PM		Jeff Krushell	GYM
SAT FEB 9	7:00 AM	5:00 PM	REGISTRATION CONCOURSE		
SAT FEB 9	8:30 AM	9:20 AM	PITCHING: MISUNDERSTOOD & Overcoached	Pete Wilkinson	GYM
SAT FEB 9	9:25 AM	10:15 AM	Baserunning	Jerry Wienstein	GYM
SAT FEB 9	9:25 AM	10:15 AM	Infield Drills	Grant Rimer	TURF
SAT FEB 9	10:15 AM	10:35 AM	Vist the Exhibitors		GYM
SAT FEB 9	10:40 AM	11:30 AM	Station Approach	Nick Holmes	TURF
SAT FEB 9	10:40 AM	11:30 AM	Outfield Play	Reggie Smith	GYM
SAT FEB 9	11:35 AM	12:15 PM	Pitching Fundamentals	Aaron Myette	TURF
SAT FEB 9	11:35 AM	12:15 PM	Relationship Between Coaches & Umpires/ Are We That Different	Larry Young	GYM
SAT FEB 9	12:20 PM	1:50 PM	LUNCH AND AWARDS		
SAT FEB 9	2:00 PM	2:50 PM	Keep Them Guessing How to Have a Fun Practice	Al Forman	TURF
SAT FEB 9	2:00 PM	2:50 PM	Culture Is A Verb	Dave Turgeon	GYM
SAT FEB 9	2:55 PM	3:45 PM	First Steps To Successful Teams	Bruce Brown	GYM
SAT FEB 9	2:55 PM	3:45 PM			TURF
SUN FEB 10	8:30 AM	9:10 AM	Game Day Preparation	Peter Caliendo	TURF
SUN FEB 10	9:15 AM	9:55 AM	Pitching 101	Dave Turgeon	GYM
SUN FEB 10	10:00 AM	10:50 AM	Catching Fundamentals (Receiving)	Jerry Weinstein	TURF
SUN FEB 10	10:00 AM	10:50 AM		Nick Holmes	GYM
SUN FEB 10	10:55 AM	11:45 AM	Interesting Plays	Larry Young	GYM
SUN FEB 10	11:50 AM	12:30 PM	Pitching Calling on Catchers Game Situations	Jerry Weinstein	GYM
SUN FEB 10	12:35 PM	1:15 PM	The Coach As a Teacher, Encourager, and Mentor.	Pete Wilkinson	GYM
SUN FEB 10	1:20 PM	2:10 PM	Fundamentals and Drills	Reggie Smith	GYM

LANGLEY EVENTS CENTRE - 7888 200 Street, Langley, BC V2Y 3J4

HIGH PERFORMANCE ATHLETE SESSION U 16 HIGH PERFORMANCE (Price \$30.00) Both Sessions (\$75.00)

FRI FEB 8 **5:30 PM** **REGISTRATION**
6:00 PM **9:00 PM** **TURF FIELD**

HIGH PERFORMANCE SEMINAR (Price \$60.00)

SAT FEB 9 **9:00 AM** **REGISTRATION**

SAT FEB 9 **9:25 AM - 10:15AM** **Jeff Krushell** **MEETNG ROOM B**

SAT FEB 9 **10:15 AM** **VISIT THE EXHIBITORS** **MAIN GYM**

SAT FEB 9 **10:40 AM** **Athletes Playing With Confidence Bruce Brown** **MEETING ROOM B**

SAT FEB 9 **11:35 AM - 12:15** **Andre Lachance & Bob Elliott** **MEETING ROOM B**

SAT FEB 9 **12:20 - 1:00 PM** **LUNCH** **GYM**

SAT FEB 9 **1:00 PM - 2:00 PM** **Four Stations. Hitting, Pitching, Catching, Infield** **TURF**

SAT FEB 9 **2:35 - 3:35 PM** **Hot Stove League** **MEETING ROOM B**

COACHING CERTIFICATION COURSES

SAT FEB 9 **9:00 - 10:30 AM** **5 & 6 Course** **TURF**

SAT FEB 9 **11:00 - 12:30 PM** **7 & 8 Course** **TURF**

SUN FEB 10 **100 - 2:30 PM** **9 & 10 Course** **TURF**